

Blue Marlins Qualification Meet Ib
Den Haag, 13- - 14-4-2024

Programmanr. 8
13-4-2024 - 16:13

Dames, 400m wisselslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Angelique van Vark	GZC DONK	5:00.74	199701478	5:14.06 +0,67			
	50m: 33.44	33.44	150m: 1:55.17	40.98	250m: 3:20.09	45.39	350m: 4:40.63	35.44
	100m: 1:14.19	40.75	200m: 2:34.70	39.53	300m: 4:05.19	45.10	400m: 5:14.06	33.43
2.	Mara Bosman	Blue Marlins	5:26.10	200303048	5:20.39 +0,61			
	50m: 34.22	34.22	150m: 1:57.17	41.88	250m: 3:23.65	45.43	350m: 4:45.21	35.77
	100m: 1:15.29	41.07	200m: 2:38.22	41.05	300m: 4:09.44	45.79	400m: 5:20.39	35.18
3.	Britt Colijn	Zwemvereniging New Wave	A5:17.64	200700544	5:29.61			
	50m: 33.59	33.59	150m: 1:54.90	41.85	250m: 3:23.65	48.24	350m: 4:51.56	39.16
	100m: 1:13.05	39.46	200m: 2:35.41	40.51	300m: 4:12.40	48.75	400m: 5:29.61	38.05
4.	Anna Beck	Blue Marlins	5:17.74	200605282	5:31.72 +0,77			
	50m: 33.81	33.81	150m: 1:54.70	41.65	250m: 3:24.59	47.94	350m: 4:52.77	39.08
	100m: 1:13.05	39.24	200m: 2:36.65	41.95	300m: 4:13.69	49.10	400m: 5:31.72	38.95
5.	Carla Moreno Palacios	De Dolfijn	5:28.53	201002302	5:33.88			
	50m: 35.00	35.00	150m: 2:06.25	46.50	250m: 3:34.79	44.93	350m: 4:59.82	39.60
	100m: 1:19.75	44.75	200m: 2:49.86	43.61	300m: 4:20.22	45.43	400m: 5:33.88	34.06
6.	Suuz Griekspoor	Noordwijkerhout	5:20.92	200901204	5:34.34			
	50m: 34.52	34.52	150m: 2:00.64	43.49	250m: 3:30.67	47.55	350m: 4:58.05	39.33
	100m: 1:17.15	42.63	200m: 2:43.12	42.48	300m: 4:18.72	48.05	400m: 5:34.34	36.29
7.	Mijke Ouderkerken	Blue Marlins	5:38.70	200901254	5:41.49 +0,85			
	50m: 35.14	35.14	150m: 2:02.34	45.58	250m: 3:34.99	46.83	350m: 5:02.33	39.23
	100m: 1:16.76	41.62	200m: 2:48.16	45.82	300m: 4:23.10	48.11	400m: 5:41.49	39.16
8.	Sophie van Leent	Blue Marlins	NT	200800522	5:46.31 +0,73			
	50m: 33.77	33.77	150m: 2:02.04	46.76	250m: 3:33.48	47.87	350m: 5:06.53	41.91
	100m: 1:15.28	41.51	200m: 2:45.61	43.57	300m: 4:24.62	51.14	400m: 5:46.31	39.78
9.	Dewi Meijer	De Dolfijn	5:43.11	201000302	5:50.51 +0,77			
	50m: 36.29	36.29	150m: 2:06.13	46.46	250m: 3:43.42	52.14	350m: 5:13.55	38.36
	100m: 1:19.67	43.38	200m: 2:51.28	45.15	300m: 4:35.19	51.77	400m: 5:50.51	36.96
10.	Breanna Belmar	Blue Marlins	5:58.58	201004068	5:51.25			
	50m: 37.04	37.04	150m: 2:07.89	45.19	250m: 3:43.30	50.85	350m: 5:12.59	37.73
	100m: 1:22.70	45.66	200m: 2:52.45	44.56	300m: 4:34.86	51.56	400m: 5:51.25	38.66
11.	Manou Longayroux	Blue Marlins	6:02.56	201000580	5:51.88			
	50m: 36.13	36.13	150m: 2:06.08	47.03	250m: 3:42.92	52.84	350m: 5:15.41	40.63
	100m: 1:19.05	42.92	200m: 2:50.08	44.00	300m: 4:34.78	51.86	400m: 5:51.88	36.47
12.	Evelien te Paske	MSZV Tiburon	5:58.79	200400708	6:22.69 +0,79			
	50m: 38.79	38.79	150m: 2:18.49	49.67	250m: 3:57.39	52.29	350m: 5:38.04	47.76
	100m: 1:28.82	50.03	200m: 3:05.10	46.61	300m: 4:50.28	52.89	400m: 6:22.69	44.65
13.	Elvira Rakels	Blue Marlins	NT	201001238	7:02.47			
	100m is BT							
	50m: 41.95	41.95	150m: 4:27.26	2:48.44	250m: 6:17.51	2:47.48	350m:	
	100m: 1:38.82	56.87	200m: 3:30.03		300m: 5:26.22		400m: 7:02.47	